



DEPARTMENT OF THE AIR FORCE  
PACIFIC AIR FORCES

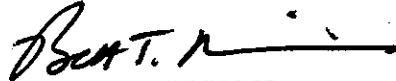
8 Dec 08

MEMORANDUM FOR 18TH WING

FROM: 18 WG/CC

SUBJECT: Physical Training (PT) Gear Policy

1. All members of the 18th Wing must be physically fit to support the Air Force mission. The intent of the Physical Training (PT) Gear Policy is to standardize and establish minimum dress and appearance standards for gear worn at all organized PT events. This policy applies to all active duty Air Force, Air Force Reserve Command, Individual Mobilization Augmentee, and Title 10 status Air National Guard personnel assigned to the 18th Wing.
2. This policy letter supersedes all previous 18th Wing guidance and supplements AFI 10-248, *Air Force Fitness Program*, AFI 36-2903, *Dress and Appearance*, and PACAF Uniform Guidance memorandum dated 11 Jun 08. All previous guidance should be removed from use.
3. Wear of the AF PT gear is mandatory at all commander-driven individual/group fitness training sessions, unit/squadron PT events, PT testing, and Fitness Improvement Program (FIP).
4. Wear of the AF PT gear for the 18th Wing is standardized as follows:
  - a. When participating in organized PT, any combination of PT gear will be worn (t-shirt, shorts, pants, jacket); but not mixed with civilian clothes. All PT gear combinations must include the t-shirt.
  - b. The PT t-shirt will be tucked into shorts/pants and PT pants must be fully zipped when worn. PT t-shirt will not be rolled or cut/removed.
  - c. When wearing the PT jacket, the t-shirt must be worn and the PT jacket must be zipped at least half way.
  - d. Saluting is not required when wearing PT gear. When outside during the National Anthem or "To the Colors", upon the first note, face the flag (or sound of music if the flag is not visible) and stand at attention with the right hand over the heart.
  - e. During reduced light conditions, the wear of a reflective belt is encouraged with the PT gear.
5. All Airmen are highly encouraged to wear the AF PT gear whenever engaged in any individual physical activity.

  
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Commander, 18th Wing